

# ARTS & LIFE

SATURDAY, MARCH 17, 2007 | SECTION E

WhoWhatWhere	E2
Dear Abby	E2
Comics	E5,6,7
Television	E6

THE PLAIN DEALER



PHOTOGRAPHS BY LYNN ISCHAY | THE PLAIN DEALER

Tammy Smith of Euclid, front, and Stephanie J.W. Ford of Northfield Center Township take part in a "gospelcise" class at New Community Bible Fellowship in Cleveland Heights.

## In step with God

'Gospelcise' leader helps group stay healthy in body and spirit

MARGARET BERNSTEIN  
Plain Dealer Reporter

Belinda Haywood didn't want to give up what she loved.

She had made her name in Cleveland teaching line dances. Romantic ones like her "Enchanted Evening" routine. Urban young folks clamored for the "Booty Bounce" and the "Shake What Your Mama Gave You."

Her classes drew dozens of people to nightclubs. But even though she worked with a DJ to sanitize the lyrics to popular music, she found that as times changed, it became increasingly tough to stay classy.

Now she has a new approach. "One, two, ready, push off," Haywood said on Wednesday night, bouncing through a new routine as she taught it to 20 comfortably dressed women in the basement of New Community Bible

FOR MORE INFORMATION

### Gospelcise

Contact Belinda Haywood at 216-244-6200 or go to [www.gospelcisedance.org](http://www.gospelcisedance.org)

Fellowship, a Cleveland Heights church.

And she's never been happier. "I feel like I'm living my purpose now," said Haywood, 46, a hospital project analyst who has taught dance in the evenings for 17 years.

Her new take on dancing? Gospelcise.

"I want to do things that glorify God more. . . . I can use what I was born to do, to help others stay healthy so they can live in their purpose."

She began four years ago by making up gospel routines for women at her own church, New Community.

SEE WORKOUT | E4

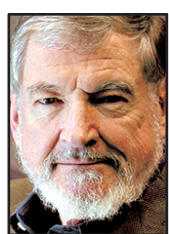


Belinda Haywood, 46, started out as a teacher of urban line dancing 17 years ago but prefers setting energetic dance routines to upbeat Christian music.

### CULTURE

## Fear-mongering riles OSU security expert

TOM FERAN  
Plain Dealer Reporter



Mueller

Fifteen or 20 years ago, John Mueller thought about writing a musical version of the biting comic Cold War satire "Dr. Strangelove." It would have combined two of his big interests, as a political scientist — he holds the Woody Hayes Chair of National Security Studies at Ohio State University — and as a recognized authority on dance who counts the scripts for two produced musicals among his credits.

Someone beat him to the stage with "Strangelove," but Mueller might find material for another musical in GWOT, pronounced Jee-watt, short for the Global War on Terror.

SEE SECURITY | E5



Soul singer Amy Winehouse crashed the scene Thursday at the South by Southwest music conference and festival, riding a tidal wave of buzz that pegged her as England's next big thing.

ASSOCIATED PRESS

### POPULAR MUSIC

## Live and off the cuff at South by Southwest

JOHN SOEDER  
Plain Dealer Reporter

AUSTIN, TEXAS — In the future, more and more music will sound godawful.

David Byrne of Talking Heads made this chilling prediction at the South by Southwest, or SXSW, music conference and festival, the music industry's annual working holiday.

OK, maybe he wasn't quite

so dramatic. But Byrne did say the quality of recorded music peaked with vinyl records.

As we've gone from CDs to MP3 files, high fidelity has sunk to new lows.

"A piece of music doesn't have to sound good to move people," Byrne said, trying to put a positive spin on the situation.

SEE SXSW | E6